

## YOGHURT TRIFLE

### INGREDIENTS (4 SERVINGS)

- 1 1/2 cups fresh strawberries, quartered
- 1 tablespoon sugar
- 2 cups (500 ml) plain yoghurt
- 4 crunchy oatmeal cookies, crushed

### PREPARATION

1. In four dessert glasses, place crushed cookies.
2. Cover with yoghurt and top with some crushed cookies again.
3. Spoon another layer of yoghurt.
4. Top with a layer of strawberries.
4. Finish with remaining strawberries.

